

than applied to the throat, the result being that, instead of fitting close and following every movement of the restless patient's head and neck, it constantly gapes, rapidly loses its heat, and a large portion of it either sticks on to the skin or increases its unfortunate victim's discomfort by gradually accumulating in the bed somewhere under the small of his back. In my opinion, the best form of poultice for the throat is made on tow, well pulled out, and the edges neatly and rapidly rolled inwards on to the meal. It should be made of no great thickness, not too wet, but large enough to extend round to beneath the ear on each side. It should be covered with a thick layer of cotton wool, and should be applied by means of a bandage, made of two strips of flannel about  $2\frac{1}{2}$  inches wide and 22 to 26 inches long, stitched together where they cross each other obliquely under the chin. The two front ends are brought up, one on each side, and fastened together with a couple of safety pins on the top of the head, rather in front of the vertex. The other two ends are passed backwards either over or behind the ears, one on each side, and, crossing its fellow at the back of the head, each end is pinned on to the band formed by the two front ones. This is a most satisfactory arrangement, as the two front ends exert a gentle pressure upwards, the two back ones do the same in a direction backwards, and the flannel and cotton wool both being elastic, the poultice, or fomentation as the case may be, is kept closely applied to the throat and glands, no matter what the patient's movements may be, as it cannot slip in any direction. The poultice or fomentation should be renewed every time that the throat is cleaned out, so that the patient may only be disturbed once for both operations; this will be every two, three, or four hours, according to the severity of the throat condition.

The temperature during the acute stage, which usually coincides with the first week, should be taken at least every four hours, and at once charted. From the appearance of the chart you may usually gauge the case pretty accurately, and it gives you important warnings as to the probable nature of a particular complication, having regard to the character of the curve, and the stage of the disease at which the distortion occurs. If the temperature registers  $104^{\circ}$ , a tepid sponging may be indicated, especially if the patient be at the same time restless. If the temperature registers  $104^{\circ}$  successively in two four-hourly records, it is always well to report the fact, as a cold sponging or the wet pack may be ordered, or the rise may indicate some important complication. During, or immediately after, a wet pack, always take the temperature in the mouth or rectum, as it is less open to fallacy.

(To be continued.)

## Nursing Echoes.

\* \* *All communications must be duly authenticated with name and address, not for publication, but as evidence of good faith.*



HER ROYAL HIGHNESS Princess CHRISTIAN once more displayed her extreme interest in the work of the Royal British Nurses' Association by going to Edinburgh last week, to attend a meeting to inaugurate the formation of a National Branch for Scotland.

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HER ROYAL HIGHNESS first visited the Soldiers' and Sailors' Home, the Royal Infirmary, and the Castle, and then drove to the Synod-hall, where the inauguration meeting was held. There was a crowded attendance. The Lord Provost presided, and amongst others present were the Lord Justice-General, the Lord Justice-Clerk, Lords M'Laren, Wellwood, Adam, and Stormouth-Darling, Sir James Gardiner Baird, Sir Alexander Christison, Sir Thomas Clark, Principal Sir William Muir, Professor Sir Douglas Maclagan, Professor Sir William Turner and Sir James King. The Lord Provost said they were privileged that day in having among them Princess CHRISTIAN to speak to a scheme, which had been devised with her help and under her superintendence, having for its object the elevation of the profession of Nurses, and to render that profession more serviceable and useful to the public than it had been in the past. (Cheers).

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PRINCESS CHRISTIAN said,—It is with the liveliest satisfaction that I find myself amongst you all today to do what lies in my power to aid the establishment of a National Branch of the Royal British Nurses' Association in Scotland. As president of this Association it was my privilege and gratifying duty to announce last week that my dear mother, on the advice of her Privy Council, had been pleased to grant it a Royal charter of incorporation, and the first development of this great work we have in hand, is directed to this our loyal sister kingdom, wherein we desire to plant what we believe will be a powerful, fruitful, and enlightened branch. We seek in this effort to enlist your sympathy and interest in all that relates to the nursing of the sick. We wish to ask your help in improving the education and *status* of those devoted and self-sacrificing

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